



Kinesiology Tape:

A Cornerstone of Physiotherapeutic Treatment

The triumphant advance of kinesiology tape began in the early 1970s. It has become an integral part of modern physiotherapy and has been used practically unchanged ever since.

It's time for the future

Sometimes small innovations trigger great progress. In line with this principle, we have further developed the classic SISSEL Kinesiology Tape to open up completely new treatment methods for you.

Surprisingly Simple -Amazingly Effective

With just a few simple steps, the proven SISSEL Kinesiology Tape transforms into a product that opens entirely new treatment methods. The specially perforated backing paper and a short folding of the tape creates a distinctive 'activation flap' on the back. This allows effective and sustainable manipulation of deeper skin layers and connective tissue through pulling and circular movements.



The continuous activation flap from one end of the tape to the other allows precise and accurate gripping.

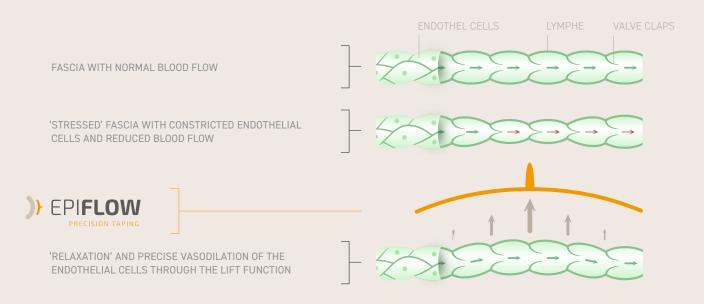
Exactly where your patients need it.



EPIFLOW: Gets Under the Skin

Experience precision like never before. EPIFLOW transforms the treatment of deeper skin layers, making hard-to-reach areas feel 'tangible' in the truest sense. Unlock the potential of your therapies and elevate your practice with EPIFLOW.

How Does the SISSEL EPIFLOW Kinesiology Tape Work?



Application Possibilities of **EPIFLOW**

General tissue activation

The EPIFLOW Kinesiology Tape effectively enhances flexibility and blood circulation in the tissue, reaching deep skin layers while stimulating lymphatic flow.

Lymphedema treatment

Targeted treatment of primary or secondary lymphedema is now possible with EPIFLOW. By applying the tape at the venous angle or other areas of the lymphatic system, you can positively influence lymphatic flow and reduce swelling.

Application on scar tissue

Doctors and physiotherapists report remarkably positive results when using EPIFLOW on scar tissue. Regular application on healed scars can help loosen the scar tissue and promote circulation around the area. Patients have reported significantly improved sensations and noticeable enhancements in the texture of the skin after treatment.





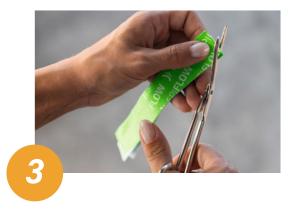
How to Use **EPIFLOW**

Using the EPIFLOW Kinesiology Tape is simple and requires just a few more steps than traditional taping.

1. Remove the protective strip

Start by peeling off only the middle protective strip from the back of the tape.



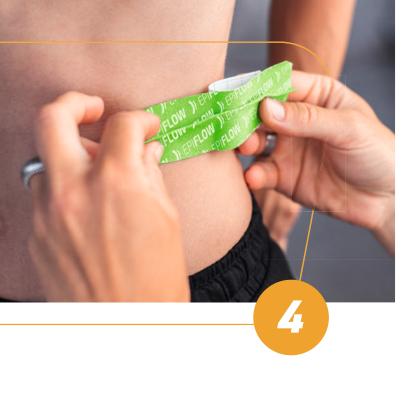


2. Create the activation flap

Fold the EPIFLOW Kinesiology Tape lengthwise.
The removed protective strip will cause this part to stick together.

3. Trim the corners

For optimal adhesion, it's recommended to trim the corners straight. Rounding the corners, as done in traditional kinesiology applications, is unnecessary.



4. Apply the tape

Now remove the remaining protective strips from the EPIFLOW Kinesiology Tape and apply it WITHOUT STRETCHING. The necessary tension will be achieved through treatment later.



5. Movement and activation

Grasp the activation flap of the applied EPIFLOW Kinesiology Tape with your thumb, index, and middle fingers at the level where you want to activate the tissue. Pull the tape away from the body until a certain tension is felt. Then, move in slow, controlled circles, maintaining tension – 5 times clockwise, followed by 5 times counterclockwise.

Repeat this process at any desired locations along the tape. It is recommended to perform this routine three times a day.

Empower Your Patients!

After guidance from a professional, patients can easily perform the application themselves.

This simple method encourages patient initiative, boosting motivation for active participation in their therapeutic measures. Additionally, engaging actively with the affected area of the body can support both the mental and physical healing processes.

Even Your Choice of Colours Is Flexible

The EPIFLOW Kinesiology Tape is available in the popular colors red, blue, lime green (with print) and black. We also offer two skin tones (light and dark) for cosmetically inconspicuous application.





Do you have questions about EPIFLOW Kinesiology Tape or how to use it? Write us at info@epiflow-tape.com

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